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Big Oak Psychotherapy Training
Institute
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ELIGIBILITY

1. Qualifying mental health clinicians must have a Master's Degree or Doctoral Degree in the mental health field (marriage and family, social work, psychiatry, psychology, psychiatric nursing, psychotherapy, alcohol and drug counseling) or related mental health disciplines considered appropriate by EMDRIA and must also be licensed to practice in their state or province. (See www.emdria.org)
2. Graduates of their Master's/Doctorate programs but not yet licensed, must be on a licensing track and working under the supervision of a fully licensed mental health clinician. A letter must be sent to Dr. Alter-Reid from your supervisor to attest to their clinical oversight of your work.

ATTENDANCE

Attendance is required at all hours of training days along with evaluation forms in order to receive a certificate of completion for this training. Arriving more than 15 minutes late or leaving more than 15 minutes early will require make-up sessions at additional cost to the participant.

STUDY

Required Reading includes the following:

Shapiro, F. (2001). *Eye Movement Desensitization and Reprocessing Basic Principles, Protocols and Procedures*. New York: The Guilford Press (2nd edition).

Articles made available to you during training from Big Oak Dropbox.

HOMEWORK

Consultation sessions require participants to: 1) prepare written summaries about their use of specific procedures which are taught and practiced in the training and 2) complete and discuss structured self-evaluation forms about their actual clinical experience.

READINESS FOR EXPERIENTIAL PRACTICE

This training includes experiential practice sessions which are for training purposes only and are not personal psychotherapy sessions. Participants should be prepared to participate in experiential work which includes stressful life events. If you are currently experiencing active mental health or addiction issues, please discuss with a trainer beforehand so that special arrangements can be made to not put yourself at risk.